



NEWFOUNDLAND AND LABRADOR
MEDICAL ASSOCIATION

2026 Membership Statistics

May 27, 2026

Disclaimer

These Membership Statistics for the Newfoundland and Labrador Medical Association (NLMA) present a high-level point-in-time view, relying primarily on member-provided data.

Membership Groupings

This section includes all those who hold membership in the NLMA, including optional and mandatory memberships.

- **All** 2,971 (2025: 2,614)
 - **CPSNL Licensed** 2,217 (2025: 1,896)
Members who hold a medical license issued by College of Physicians and Surgeons of Newfoundland and Labrador (CPSNL).
 - **Atlantic Register** 491 (2025: 260)
Members who are on the Atlantic Register and reside outside Newfoundland and Labrador.
 - **Teladoc Health** 73 (2025: 101)
Members employed by Teladoc Health.
 - **Provincial Physician Workforce** 1,653 (2025: 1,535)
Members who hold a medical license, regardless of full-time equivalent (FTE) or province of residence, including those on temporary leave, but excluding Atlantic Register and Teladoc Health members.
 - **Regular** 1,623 (2025: 1,506)
Members who hold a medical license (and not on temporary leave).

- **NL-Based** 1,457 (2025: 1,378)
Members who indicated Newfoundland and Labrador was their primary province of practice.
- **Outside NL/No Data** 166 (2025: 128)
Members who indicated Newfoundland and Labrador was not their primary province of practice, or the data was unavailable.
- **Parental Leave** 24 (2025: 21)
Members who hold a medical license but have withdrawn from practice due to birth, adoption, or obtaining custody/legal guardianship of a child.
- **Sabbatical Leave** 3 (2025: 6)
Members who hold a medical license but have been granted sabbatical leave by their employer.
- **Sick Leave** 3 (2025: 2)
Members who hold a medical license but are unable to practice due to illness or injury.
- **Not CPSNL Licensed** 754 (2025: 718)
Members who do not hold a medical license issued by CPSNL.
 - **Student** 333 (2025: 327)
Members enrolled in a Newfoundland and Labrador medical school undergraduate program.
 - **Resident** 208 (2025: 177)
Members enrolled in a medical school post-graduate program.
 - **Retired** 105 (2025: 109)
Members retired from the practice of medicine.
 - **OMA Insurance** 79 (2025: 76)
Members requiring membership to access OMA Insurance.
 - **Honorary Life** 29 (2025: 29)
Members who have been awarded the NLMA Honorary Life Membership Award.

Workforce Demographics

This section includes only those members who make up the provincial workforce as defined by those members who hold a medical license, regardless of full-time equivalent (FTE) or province of residence, including those on temporary leave, but excluding Atlantic Register and Teladoc Health members.

- **Provincial Physician Workforce** 1,653 (2025: 1,535)
 - **Gender**

- **Man** 881 (2025: 824)
- **Woman** 769 (2025: 706)
- **Non-binary** 1 (2025: 1)
- **Unknown** 2 (2025: 4)
- **Age**
 - **<=29** 7 (2025: 14)
 - **30-39** 398 (2025: 343)
 - **40-49** 488 (2025: 459)
 - **50-59** 408 (2025: 379)
 - **60-69** 246 (2025: 241)
 - **>=70** 95 (2025: 91)
 - **Unknown** 11 (2025: 8)
- **Medical School Region**
 - **NL** 918 (2025: 873)
 - **Canada (outside NL)** 232 (2025: 206)
 - **International** 498 (2025: 453)
 - **Unknown** 5 (2025: 3)
- **Health Zone**

Based on last known NL work municipality.

 - **Central** 194 (2025: 201)
 - **Eastern Rural** 165 (2025: 155)
 - **Eastern-Urban** 925 (2025: 879)
 - **Labrador-Grenfell** 79 (2025: 85)
 - **Western** 213 (2025: 203)
 - **Unknown/Outside NL** 77 (2025: 12)
- **Remuneration**
 - **Alternate Payment Plan** 138 (2025: 128)
 - **Blended Capitation** 94 (2025: 68)
 - **Fee-for-Service** 762 (2025: 765)
 - **GFT** 103 (2025: 87)
 - **Locum** 189 (2025: 163)
 - **Salaried** 347 (2025: 315)
 - **Uninsured** 1 (2025: 1)
 - **Unknown** 19 (2025: 8)
- **Specialty**
 - **Family Medicine** 617 (2025: 596)
 - **Specialist** 1,028 (2025: 933)
 - **Emergency Medicine** 121 (2025: Unknown)
 - **Unknown** 8 (2025: 6)