

Practice Advisory - Outpatient Addictions Practice and Vida Nova Recovery

Dear Colleagues,

I am excited to announce the opening of both my outpatient addictions practice and Vida Nova Recovery to provincial referrals!

Clinic & Services:

- **Name:** Vida Nova Recovery & Dr. Anthony Parrell's Addiction's Clinic
- **Location:** 0 Southwest Pond, Holyrood, NL, A0A 2R0 (additional clinic sites to follow)
- **Contact:**
 - Phone: 709-370-8288 (Mon–Fri, 8 a.m.–4 p.m.)
 - eFax: 833-665-3196
 - No referral forms required. Just fax your consult request and any information on your patient that you feel would be helpful to their addictions care.

Services Offered

- Province wide outpatient and inpatient addictions treatment.
- Medically supported detox with ability to take patients immediately upon bed availability.
- Inpatient treatment (6-week program base with option to extend if required to support recovery).
- On site sober living facilities.
- Long-term recovery follow-up and substance use disorder management with both physician and counselling services.

Specialized Treatments:

- Opioid Agonist Therapy (methadone, buprenorphine/naloxone, Sublocade).
- SUD anti-craving pharmacotherapy.
- Comprehensive interdisciplinary long-term treatment of substance use disorders.

Funding Options for Inpatient Addictions Treatment Beds:

1. Provincial Bed Coverage:

-All provincially funded beds are currently full, but we have a running waitlist to which we can add your patient. List is currently at a 6 month wait. Additionally, the provincial government has made commitments to expand this coverage steadily to increase access, bed availability, and decrease wait times at Vida Nova.

2. Self Funded Beds (open beds available immediately if your patient has access to these various coverage models).

-TradesNL and WorkplaceNL support coverage programs.

-Veterans affairs coverage

-Private pay and private insurance.

Referral Information:

- Referrals are accepted province-wide.
- Physicians can fax referrals to **833-665-3196** or contact the clinic by phone for further information.

I look forward to receiving your referrals and collaborating with you on the care of your patients.

Kind regards,

Anthony Parrell, B.Sc., M.D., CCFP
Medical Director
Vida Nova Recovery