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Enjoy Improved Fitness, Mental Health and Well-Being

Newfoundland and Labrador Medical Association

Save with **\$0** enrollment & **15%** off all
membership types

Join at
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Corporate Membership Benefits:

- Reduce stress and feel great – physically and mentally
- 200+ clubs in Canada; some with 24-hour access
- Discount extended to two family members once employee/member has joined
- World-renowned Group Fitness classes
- GoodLife On-Demand delivers online workouts wherever and whenever you want
- GoodLife Rewards offers savings and exclusive deals from GoodLife partners

SCAN TO SEE
WHAT GOODLIFE OFFERS!



SCAN TO BOOK A TOUR
AND ONE VISIT TRIAL PASS!

Valid Until:
09/04/2026