



Dr. Amanda Marchak, M.D., F.R.C.P.C.

Psychiatrist

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Dear Referring Physician:

I would like to share some details regarding my referral process to facilitate appropriate referrals.

I am a general psychiatrist that enjoys working with patients of all ages presenting with a wide variety of concerns. My primary areas of interest are providing gender-informed mental health care to members of the LGBTQIA2S+ community, as well as the management of trauma-based presentations.

I have a strong background in complex trauma, particularly within the LGBTQIA2S+ population and individuals with childhood trauma. I emphasize trauma-informed care in my practice, and I am experienced in distinguishing complex trauma from more typical PTSD presentations.

Additionally, I am in the final stages of being added to the Atlantic Registry – per the College of Physicians and Surgeons of Newfoundland and Labrador (CPSNL), I'm eligible for inclusion in the same. Once this has been finalized, I will be available to assist with pre-surgical assessments for gender affirming surgery, as few providers are currently offering this service.

Further, I have pursued additional training regarding the role hormones play in mental health presentations. This was primarily completed pertaining to my interest in working with members of the LGBTQIA2S+ community. However, there are other psychiatric presentations, such as paraphilic disorders, in which the use of hormone blockers may be indicated as part of treatment. While this isn't my primary focus, I am open to consulting on these cases.

Finally, I am open to a broad range of general psychiatric referrals. This includes patients transitioning from pediatric care, and more complex adult cases. I currently manage a mix of conditions, including mood and anxiety disorders, as well as more specialized cases (e.g., complex trauma presentations, neurodevelopmental disorders co-morbid with other psychiatric presentations).

[Attached](#), you will find my referral form for completion. Thank you.