



**GoodLife FITNESS**

# **Enjoy Improved Fitness, Mental Health and Well-Being**

**Newfoundland and Labrador Medical Association**

15% discount on all available memberships

\$0 enrollment fee

Join at  
[corporate.goodlifefitness.com](https://corporate.goodlifefitness.com)



## **Corporate Membership Benefits:**

- Reduce stress and feel great – physically and mentally
- 200+ clubs in Canada; some with 24-hour access
- Discount extended to two family members once employee/member has joined
- World-renowned Group Fitness classes
- GoodLife On-Demand delivers online workouts wherever and whenever you want
- GoodLife Rewards offers savings and exclusive deals from GoodLife partners

**SCAN TO SEE  
WHAT GOODLIFE OFFERS!**



**SCAN TO BOOK A TOUR  
AND ONE VISIT TRIAL PASS!**

**Valid until:  
09/04/2025**