



**NL Health
Services**

FACT SHEET

MyHealthNL – we’re expanding!

MyHealthNL

The Provincial Government and NL Health Services are expanding our digital services. Earlier this year, we launched MyHealthNL, a website and app that allows NL residents to view their personal health record and other health-related resources.

MyHealthNL is accessible online via MyHealthNL.ca or by downloading the MyHealthNL app on the Apple and Google Play stores. To activate their MyHealthNL account and view their personal health record, patients must first enroll in the personal health record service at MyGovNL (www.my.gov.nl.ca).

Giving patients access to their results improves their ability to self-manage chronic conditions and monitor their medications, leading to more informed and meaningful discussions with you, their health provider. The MyHealthNL app is a valuable tool you can use with your patients. Under your guidance, patients can use MyHealthNL to assist with adherence to medication regimes and care plans.

What’s new?

We are please to share that we expanded MyHealthNL on September 12th to include:

- Reports from all medical imaging modalities:
 - X-ray
 - CT scan
 - Interventional
 - Mammography
 - MRI
 - Nuclear Medicine
 - PET Scan
 - Ultrasound and Echo
 - Radiographic Fluoroscopy
- Expanded historical data for medical imaging (availability dates will now be the same as for lab results, see below)

Over time, the app will be expanded to include the ability to schedule medical appointments, access virtual care, and more! We will stay in touch as the app expands.

Summary of personal health information available in MyHealthNL

Including the latest update, the following personal health information is now available in MyHealthNL:

- Laboratory Results – chemistry, hematology, microbiology, and blood bank (excluding pathology)
 - A new or amended lab result will be available in MyHealthNL **7 days** after it is released to the ordering provider.
 - Only final results will be viewable – not pending or cancelled results.
- Medical Imaging Reports – all modalities
 - A new or amended medical imaging report will be available in MyHealthNL **14 days** after it is released to the ordering provider.
 - Only final results will be viewable – not draft or cancelled reports.
- The inclusion date for historical laboratory and medical imaging results will vary depending on the region it was performed:
 - Eastern Health - May 1, 2015
 - Central Health - Sept 20, 2016
 - Western Health - June 6, 2017
 - Labrador Grenfell Health - Feb 5, 2018
- Medication Summary – 2-year history of dispensed medications from community pharmacies.
- Allergy Information – any active allergies or adverse drug reactions that have been recorded by a community pharmacy.

Questions?

The privacy and confidential nature of health information is important to you, and very important to us. We have taken significant steps to ensure that personal health information remains private and confidential. If you have any questions about MyHealthNL, please contact us at MyHealthNL@nlhealthservices.ca.