MyHealthNL

An Online Personal Health Record for Newfoundlanders and Labradorians

January 2024

Facts about MyHealthNL

- Citizens can view laboratory results 7 days after they are available to health care providers. This includes general laboratory, microbiology, and blood bank. Pathology is excluded at this time.
- Citizens can view general radiology reports 14 days after they are available to health care providers. Other medical imaging reports are excluded at this time.
- Citizens can view details of dispensed medications and allergies from community pharmacies.
- Citizens can access a health library of information about health conditions, tests, procedures, and medications.
- Citizens can access online Mental Health support via *Bridge the gapp*.
- Citizens can share health information with family or caregivers.
- Citizens must be 16 years of age, have an active MCP, a driver's license/government issued ID, and a MyGovNL account in order to access MyHealthNL.

Updates About MyHealthNL Deployment

- Work is nearing completion for the initial launch of MyHealthNL.
- The first MyHealthNL user was onboarded in June 2023 for testing purposes.
- MyHealthNL will be made available to citizens of NL through a limited deployment process.
- Onboarding is expected to begin in February 2024.
- A limited deployment strategy will enable the MyHealthNL team to obtain feedback, evaluate, and optimize our enrollment and education processes prior to a full public launch.
- Initial deployment will start with existing groups of patient and family advisors across the health zones, followed by other selected groups, then broader public availability.
- Educational material has been developed - watch for a clinician-related FAQ.

NL Health Services

Newfoundland & Labrador

MyGovNL