

Newfoundland and Labrador Medical Association presents:

Physician to Physician Peer Support – The Fundamentals

in collaboration with Well Doc Canada

Learning Objectives

After this session, participants will be able to:

- Summarize types of support for physicians
- Identify critical elements of a formal physician-to-physician peer support program
- Summarize Well Doc Canada's Peer Support work
- Reflect on how formal peer support teams may be useful within your physician groups

Wednesday, May 31, 2023 | 1900 – 2000 NT

Zoom Meeting

<https://ucalgary.zoom.us/j/97945897187>

Passcode: 114735



Session Speaker

Dr. Rachel Grimminck MD FRCPC DABPN CGP is a General Adult Psychiatrist working clinically in British Columbia. She is a Clinical Assistant Professor at the University of Calgary and Clinical Instructor at the University of British Columbia. She was previously the Clinical Medical Director for Psychiatric Emergency Services at Foothills Medical Center and is a Certified Group Psychotherapist.

Well Doc Canada is an initiative aimed at advancing a collaborative, co-operative approach to physician wellness. Our work, focused on education and prevention, is supported by the science of physician wellness and driven by need. We work with physicians at the grassroots level and with leadership to grow capacity, empower change, and shift culture. [Learn more at welldoccanada.org](http://welldoccanada.org)