DO NOT
ENTER

If you are experiencing **COVID-19** symptoms,
or have come in contact with someone who has:

- Fever
- Cough
- Difficulty Breathing

Visit www.811healthline.ca
to complete the online self assessment
or Call 811

If you have mild symptoms you do not need to visit a doctor's office
or emergency department. If you have travelled outside the province,
stay home and self isolate for 14 days after arrival.

If you need emergency
medical attention call 911

Tell 911 about your symptoms.
If you cannot call 911 yourself and need
immediate medical care advise our staff.

**NEWFOUNDLAND AND LABRADOR
MEDICAL ASSOCIATION**