

# Mental Health & Addictions Provincial Webinar Series



The Mental Health & Addictions Provincial Webinar Series provides information about mental health and/or addictions topics, services, programs and related organizations.

Webinars are free and available to government and health authority staff, community partners and key stakeholders.

## ★ fasdNL

fasdNL offers supports and training for individuals, families, and professionals impacted by FASD across Newfoundland and Labrador. Register to learn more!



Monday, May 2  
10:30 – 11:30 Labrador time  
11:00 – 12:00 Island time

[Click Here To Register](#)

## ★ Therapy Assistance Online (TAO)

TAO is a Cognitive Behavioral Therapy platform with programs used to treat a variety of mental health issues, including depression and anxiety. Register to learn more!



Monday, May 16  
10:30 – 11:30 Labrador time  
11:00 – 12:00 Island time

[Click Here To Register](#)

## ★ Hope Valley Youth Treatment Centre

A provincial residential addictions treatment program specifically for youth between the ages of 12 and 18 years. Register to learn more!



Monday, May 30  
10:30 – 11:30 Labrador time  
11:00 – 12:00 Island time

[Click Here To Register](#)

## ★ E-Mental Health Services

An overview of the online and telephone mental health and addictions services available in Newfoundland and Labrador. Register to learn more!



Monday, June 13  
10:30 – 11:30 Labrador time  
11:00 – 12:00 Island time

[Click Here To Register](#)

## ★ Opioid Dependence Treatment (ODT)

Medication-assisted treatment can help individuals to 'feel normal again' and live healthy lives by controlling withdrawal and cravings. ODT services are available in Newfoundland and Labrador. Register to learn more!



Monday, June 27  
10:30 – 11:30 Labrador time  
11:00 – 12:00 Island time

[Click Here To Register](#)

Register in advance to attend the live presentation, or register after the event to view a recording.