



MEMORANDUM

To: All Physicians & Nurse Practitioners, Newfoundland & Labrador
Date: November 29, 2022
Re: New Method for 24 hr. Urinary Cortisol
From: Biochemistry Department, Laboratory Medicine, Eastern Health

Dear Colleagues,

Effective of November 24, 2022 24 hr. Urinary Cortisol will be done by Architect Abbott immunoassay method.

The reference range for 24 hr. Urinary Cortisol will be from 28 to 276.5 nmol/24 hr.

If you have any questions or concerns, please contact the biochemist on call.

Kindest regards,

Youssef Massamiri, PhD, FCACB
Clinical Biochemist
Clinical Assistant Professor
Dept. of Lab. Med., Eastern Health Auth.
Rm1515, Biochemistry Dept.
Health Sciences Centre, Eastern Health
Office: 709-777-2035/Fax: 709-777-2442

Vinita Thakur, Ph.D, FAACC
Black Belt Lean Six Sigma, ISO 15189 & 17025 Assessor,
Clinical Assistant Professor,
Division Chief (Clinical Biochemistry), Clinical Biochemist,
& Point of Care Testing Scientific Lead
Department of Laboratory Medicine,
Faculty of Medicine, Memorial University
Eastern Health Authority
Health Science Centre,
300 Prince Philip Drive, Office 1J442
St. John's, NL A1B 3V6
Email: Vinita.Thakur@easternhealth.ca
Phone: (709)777-6375 (office) / (709)682-6326(Cell)

President Elect, AACC Point-of-Care Testing Professional Certification Board, 2021-24 & Expert Panel Member, Evaluation Protocol CLSI