



NEWFOUNDLAND AND LABRADOR  
MEDICAL ASSOCIATION

## An opportunity to join C.A.R.P. at no cost

Dear members,

We are pleased to announce that NLMA members now qualify for a **free one-year membership in the Canadian Association of Retired Persons (C.A.R.P.)**. This offer is open to all members regardless of age or practice status, and will allow members to...

- be part of an organization advocating for the rights and needs of Canadians as they age
- avail of savings on everything from travel insurance to leisure to everyday purchases
- meet like-minded people in the community

C.A.R.P. is Canada's largest and most influential organization serving seniors. With over 325,000 members, C.A.R.P. has long been a powerful voice for policies and programs to better serve this vital (and growing) age group.

At the same time, C.A.R.P. has assembled a unique portfolio of "members-only" discounts and added-value offers from leading brands – close to 100 separate savings which can easily add up to hundreds, even thousands, of dollars a year.

You may be interested in joining CARP if you are a senior or a retired NLMA member, if your patient population includes seniors, or if you are interested in advocacy on behalf of seniors.

C.A.R.P. represents an important connection between NLMA and one of the most important patient groups we serve, and they will be providing us with valuable insights into the present and future needs of this population, as well as insights into the kinds of policies and programs we as an association should be demanding. Their information base and experience in advocacy can add real weight to our own efforts in dealing with government. C.A.R.P. is also connected to various seniors' coalitions and meets regularly with provincial MHAs and federal MPs. As such, C.A.R.P. is able to use the power of its membership to lobby federal and provincial governments for health care reform.

C.A.R.P. is also active right here in Newfoundland and Labrador, with a local chapter that enables you to connect with members in our community. You can get involved and combine social connections with important local advocacy and community improvement.

As a member of the NLMA you're automatically eligible for a 1-YEAR FREE TRIAL MEMBERSHIP. Membership can also be extended to everyone in the NLMA member's household at no additional cost. Members may decide to continue their membership in C.A.R.P. after the one-year free trial.

ADVOCACY – BENEFITS – COMMUNITY – it's a powerful combination, and well worth the \$19.95 annual membership fee.

You can find out more about C.A.R.P. here: <https://www.carp.ca/>. Also check out the Newfoundland chapter here: <https://www.facebook.com/CARPNL>

**To start your 1-YEAR FREE TRIAL MEMBERSHIP please visit: <https://shop.carp.ca/CCo21MNMQ>**

We're excited about this new program, and we invite all NLMA members to explore this special offer!