

## **Dr. Patrick M. O'Shea**

### **MD, CCFP, FCFP**

Dr. Patrick O'Shea has practiced family medicine in St. John's for the past 28 years, providing comprehensive office care as well as minor surgical procedures. He practiced obstetrical care and intrapartum care for 27 years until finally stopping in 2009 and he continues to provide regular house calls and palliative care for his patients.

Dr. O'Shea completed a Bachelor of Science degree at St. Francis Xavier University in Nova Scotia in 1976 and obtained his medical degree in 1980 at Queen's University in Ontario. He completed his residency training in family medicine at Memorial University in 1982 and is a certified Fellow of the College of Family Physicians of Canada.

In 1982, he established a private practice on Blarckmarsh Road in St. John's and later co-founded the Newfoundland Drive Family Practice in 1986. The clinic provides primary care to 14,000 patients in the St. John's area and was one of the first clinics to offer extended regular office hours on weekends and holidays, and evening clinics seven days a week.

In 2005, the clinic became a provincial site for a pilot project in chronic disease management and developed a collaboration with a clinical pharmacist and it was one of the first clinics in the province to implement electronic medical records (EMR) as part of a provincial pilot program in 2006.

Dr. O'Shea is also a staff physician of both Chancellor Park and St. Patrick's Mercy Home long-term care facilities. He is a member of the Canadian Palliative Care Association and he is very passionate about the needs of the elderly and providing quality care for people in the latter stages of their lives.

Dr. O'Shea is also a Clinical Associate Professor of Family Medicine at Memorial University and has been involved in teaching residents for 15 years. In 2007, he received the Family Physician of the Year Award from the provincial chapter of the College of Family Physicians.

He has been a member of the NLMA Board of Directors since 2006 and prior to being elected President, he served as the Board Chair (2009-10) and Honorary Treasurer (2008-09). He credits his colleague and business partner, Dr. Susan King, who is also a past NLMA president, as his inspiration for deciding to take on the role as head of the Association. He says that after practicing 28 years in the province it is his turn to give back to the profession by serving his Association and the physicians of Newfoundland and Labrador.

In his spare time, Dr. O'Shea plays softball in a slow pitch league and is an avid hiker. He hiked the Inca trail to Machu Picchu in Peru in 2007 and in January 2010, he hiked to the summit of Mount Kilimanjaro in Tanzania, the world's highest free-standing mountain peak. He is also active in his parish as a member of the choir and the social committee and is a former chairman of his parish council. He and his wife Madonna have three children: Kevin, Brian and Mary.