



July feature – It Takes a Village (to raise kids)

inConfidence is here to support you through all the stages of parenthood, whether you're trying to adjust to life with a new baby, raising a teenager, or wishing you could help a school-age child adapt to change. We can share tips to help you manage the stresses of a growing family, or even to cope with an empty nest.

Take advantage of our wealth of online parenting resources. This month, see our homepage feature, **It Takes a Village**, for links to parenting articles, infographics, toolkits, and to a new podcast, **Keeping the Peace at Home: Tips for Parents**. Dr. Laura Markham, the popular parenting expert and author of the bestselling *Peaceful Parent, Happy Siblings: How To Stop the Fighting and Raise Friends For Life*, shares concrete suggestions on how to help children communicate instead of fight, and forge a close and lifelong sibling bond.

Concerned about a school issue? A parenting or family matter? **inConfidence** is available any time, day or night. Just give us a call for expert guidance, support, and resources.

Call inConfidence toll-free, any time: 1-877-418-2181

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