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# President's Letter

April 20, 2012

## AGM to focus on governance and strategic planning *CME session on physician wellness*



**Sandra Luscombe, MD**  
President

Dear Colleagues:

I invite you to attend our upcoming **Annual General Meeting on June 2, 2012** to debate resolutions and help the Association set policy that will shape the future direction for the NLMA as we enter into 2013. The business session will be held in Lecture Theatre A at the Health Sciences Centre in St. John's.

The AGM also presents an opportunity to learn about our progress toward implementing our governance review and plans for future strategic planning. During the AGM, delegates will discuss options for instituting a new NLMA Board structure and will help set the stage for transitional and operational innovations.

Following the business session, we will hold our annual President's Dinner at The Rooms in St. John's, which will include the presentation of honorary awards and the installation of incoming president, Dr. Tony Gabriel.

### Resolutions

Members are encouraged to **submit resolutions by May 14** for debate during the business session. Resolutions will also be accepted from the floor and debated, time permitting. Delegates must be present in person with their seconder. Resolutions can be emailed to Lynn Barter, Director of Communications and Public Affairs, at [lbarter@nlma.nl.ca](mailto:lbarter@nlma.nl.ca) or fax them to (709) 726-7525.

### Register and Attend

To facilitate the ordering of food, **you must pre-register** to attend the President's Dinner. The **2012 NLMA AGM Registration Form** included in this package, is also available on our website.

The **early bird registration date is May 14. The deadline to purchase tickets for the President's Dinner is end of day on May 30.** Tickets to this event will not be sold on site. **No-shows will be billed unless we receive notice of cancellation by 5 p.m. on Wednesday, May 30, 2012.**

### CME program

With the assistance of the Office of Professional Development and Conferencing Services (PDCS) at Memorial University's Faculty of Medicine, the NLMA will again be offering a CME program at the AGM. A morning session, **Maximizing Your Potential: An Interactive Approach to Improved Personal Health and Well-Being**, will feature an engaging discussion led by Drs. Tracey Bridger and Susan King. The program focuses on physician health, stress and burnout, nutrition for the busy doctor and an overview of online resources for physician wellness.

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**Newfoundland & Labrador Medical Association**  
164 MacDonald Dr.  
St. John's, NL  
A1A 4B3  
(709) 726-7424  
or 1-800-563-2003  
Fax: (709) 726-7525  
or 726-7456  
[www.nlma.nl.ca](http://www.nlma.nl.ca)  
[president@nlma.nl.ca](mailto:president@nlma.nl.ca)

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The CME program will be held from 8:00 a.m. to 12 p.m. in Lecture Theatre A at the Health Sciences Centre. Registration for the CME is \$50.00 for physicians and is free for residents and medical students. Registration includes breakfast, lunch and a nutrition break. This program has been reviewed on behalf of the College of Family Physicians of Canada and has been approved for up to 3 Mainpro-M1 study credits. This event is also an accredited group learning activity (SECTION 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada, and approved by PDCS.

Registration for the CME is available **online only**.

**GP Section Meeting**

The CME session will be immediately followed by the annual meeting of the NLMA's GP Section. The meeting will be a working lunch beginning at 12:15 p.m. in Lecture Theatre A at the Health Sciences Centre. All interested family physicians are encouraged to attend.

Regards,

A handwritten signature in cursive script, appearing to read "Sandra Luscombe".

Sandra Luscombe, MD  
President