

## **SUPPORT FOR QUITTING SMOKING**

### **Department of Health and Community Services Provincial Smoking Cessation Program for Individuals with Low Income**

#### **HABITROL PATCH ADDED**

Effective January 15, 2018, the **Provincial Smoking Cessation Program** will include coverage of the **Habitrol Patch**.

The Smoking Cessation Program aims to improve access to quit smoking medications and nicotine replacement products by contributing to the cost of these products for individuals who are eligible under the Newfoundland and Labrador Prescription Drug Program (NLPDP).

#### **Who can take part in the program?**

Adults 18 years of age and older who are registered under the Newfoundland and Labrador Prescription Drug Program (NLPDP) Access, Foundation (Income Support), or 65+ plans.

#### **What does the program cover?**

As of January 15, 2018, the Smoking Cessation Program covers:

- Two quit smoking medications: varenicline (Champix®) and bupropion (Zyban®)
- Nicotine Replacement Product: Habitrol Patch (7mg, 14mg and 21mg)

#### **What is covered each year?**

Individuals can receive up to 12 weeks (84 days in a row) of one treatment (the Patch, Champix or Zyban) within a 365 day period (with a co-pay arrangement).

#### **How can individuals obtain the products?**

An individual will need to visit their physician, nurse practitioner or pharmacist to discuss whether these products are right for them. If so, the health professional will write a prescription. When filling the prescription at the pharmacy, individuals must present their NLPDP card to indicate their eligibility for coverage under the program.

#### **How much do individuals pay?**

Individuals pay a small amount each time they get their prescription filled, up to a maximum of \$75.00 per year.

**How much of the products can an individual get at a time?**

<p><b><u>Champix:</u></b> Dispensed once a month, for 3 months</p> <p><b>4-week Starter Pack:</b> Patient pays \$15 at pharmacy</p> <p><b>4-week Continuation Pack (up to 2):</b> Patient pays \$30 at pharmacy for each pack</p>	<p><b><u>Zyban:</u></b> Dispensed once a month, for 3 months</p> <p><b>1<sup>st</sup> Dispense:</b> Patient pays \$15 at pharmacy</p> <p><b>2<sup>nd</sup> and 3<sup>rd</sup> dispense:</b> Patient pays \$30 at pharmacy for each dispense</p>	<p><b><u>Habitrol patches:</u></b> Dispensed every 14 days for 3 months.</p> <p><b><u>Each 2-week dispense (up to 6):</u></b> Patient pays \$12.50 at pharmacy for each dispense</p>
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**How can an individual improve their chances of quitting smoking?**

Using a combination of stop smoking products and counseling can improve a person's chances of quitting smoking.

The NL Lung Association Smokers' Helpline provides free confidential one-on-one support and resources to help with quitting smoking. Individuals can connect with trained counselors via phone, email, text and online. For information, call 1-800-363-5864 (LUNG) or go to [www.smokershelp.net](http://www.smokershelp.net). The Smoker's Helpline is located in St. John's.

To obtain more information about the Provincial Smoking Cessation Program

Call the Smoker's Helpline at  
1-800-363-5864