

Lynette Powell, MD

Dr. Lynette Powell has been practicing medicine in Grand Falls-Windsor since 2004. Her practice currently includes both Family Medicine and Long-Term Care. During her years in the community, she has also provided inpatient care, operating room assistance, emergency room coverage and was a clinical associate in psychiatry and gynecology.

Dr. Powell attended Memorial University earning a Bachelor of Science (Hons) in 1995, Master of Science in Medicine (Community Health) in 1997, Doctor of Medicine in 2001 and she completed her Family Practice Residency in 2003.

Dr. Powell was elected to the Newfoundland and Labrador Medical Association Board of Directors in 2016 in the role of Rural At-Large Director and was voted President-Elect in 2019. She is also currently the Stream Director for the Central Family Medicine Residency Stream. In addition to these roles, Dr. Powell has served as an Assistant Clinical Professor at Memorial University of Newfoundland, executive member of the Newfoundland and Labrador Chapter of the Collage of Family Physicians of Canada, Regional Physician Lead for Memorial University of Newfoundland Rural Medical Education Network and has served as the local President and Secretary of Medical Staff for the Central Newfoundland Regional Health Centre.

Dr. Powell's passion for her community has seen her lead a collaborative approach to addressing youth mental health in her region. Through her dedication she has built a network of medical staff, mental health workers, educators, community organizers, volunteers, and government agencies to deliver educational workshops and improve services.

In 2017, Dr. Powell was a recipient of the Reg. L Perkin award from the College of Family Physicians of Canada as a Family Physician of the Year winner.

Born and raised in Glovertown, where she initially began to practice medicine, Dr. Powell moved to Grand Falls-Windsor where she is raising three children with her husband and fellow physician Kris. Together, they all enjoy a variety of outdoor activities including running, biking, kayaking and swimming.