



# 3<sup>RD</sup> ANNUAL OBESITY UPDATE

## SATURDAY, SEPTEMBER 7, 2019

University of Alberta – Lister Conference Centre  
7:15am – 4:30pm

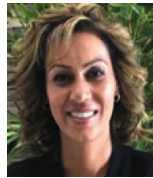
### Who should attend?

Family Physicians  
Nurse Practitioners  
Registered Nurses  
Registered Dietitians  
Residents  
General Internists  
Primary Care Interdisciplinary  
Clinical Team Members  
Other Health Care Professionals

### Speakers Include:



**Dr. Richdeep Gill, MD, PhD, FRCSC**  
Minimally Invasive Upper Gastrointestinal & Bariatric Surgeon  
Assistant Professor of Surgery, University of Calgary  
Peter Lougheed Hospital  
Calgary, Alberta



**Dr. Renuca Modi, MD, CCFP**  
Diplomate of the American Board of Obesity Medicine  
Chair, Medical & Surgical Obesity Management, Organizing Committee  
Assistant Clinical Professor, Department of Family Medicine, University of Alberta  
Medical Director, Edmonton Adult Bariatric Specialty Clinic, Royal Alexandra Hospital  
Edmonton, Alberta



**Dr. Ali Zentner, MD, FRCPC**  
Diplomate of the American Board of Obesity Medicine  
Specialist, Internal Medicine and Obesity  
Vancouver, British Columbia



**Dr. Barry Simon, MD, FRCP**  
Assistant Professor of Psychiatry,  
University of Toronto  
Consultant with the Leadership Center at Mount Sinai Hospital  
Certified Diabetes Educator (CDE)  
Toronto, Ontario

### At the end of this course, learners will be equipped to:

1. Understand the mechanisms of action of medical and surgical interventions for obesity and how these interventions target the underlying pathophysiology of obesity.
2. Describe the outcomes of available treatments for obesity, including weight loss, impact on obesity-related complications, and adverse events.
3. Discuss strategies to optimize benefit and reduce the risks of obesity treatments in real-world clinical encounters.
4. Explore emerging options for obesity treatment, including novel therapies and combination therapies.
5. Identify weight bias as barrier to care for patients living with obesity.

**REGISTER AT:** [obesitycanada.ca/obesity-updates/](http://obesitycanada.ca/obesity-updates/)

**Early Bird Registration Closes August 7, 2019!**

**Contact us! [info@obesitynetwork.ca](mailto:info@obesitynetwork.ca)**

Registration includes breakfast and lunch. Group rates available. Contact us for more information.

*This course is pending accreditation.*